

Intenzita bolesti 1-5

Doba trvání roky R měsíce M dny D

Datum	
Příjmení	
Jméno	
Rodné číslo	
Tel.	
Ulice	
Město	
PSČ	
Stát	

The diagram illustrates the human muscular system with various muscle groups labeled in Latin. Arrows point from each muscle group to a scale indicating the intensity of pain (1-5) and the duration it has been present (years, months, days). The muscles are grouped by region:

- Head and Neck:** M. sternocleido-mastoideus, M. scalenus anterior, M. subclavius, M. pectoralis major pars clavicularis, M. pectoralis minor, M. pectoralis major pars abdominalis.
- Back:** M. rectus capitis posterior major, M. obliquus capitis inferior, M. semispinalis cervicis, M. levator scapulae, M. trapezius, M. serratus posterior superior, M. infraspinatus.
- Abdomen and Pelvis:** M. longissimus capitis, M. longissimus cervicis, M. longissimus thoracis, M. iliocostalis lumborum, M. quadratus lumborum.
- Hips and Thighs:** M. gluteus medius, M. gluteus maximus pars superior, M. piriformis, M. biceps femoris, M. semitendinosus, M. adductor magnus.
- Legs:** M. scalenus medius, M. scalenus anterior, M. scalenus posterior, M. serratus anterior pars superior, M. serratus anterior pars inferior, M. latissimus dorsi pars lateralis, M. iliopsoas, M. tensor fasciae latae, M. piriformis, M. tibialis anterior, M. extensor digitorum longus, M. extensor hallucis longus.
- Foot and Ankle:** M. flexor hallucis longus, M. triceps surae, M. flexor digitorum longus, M. abductor hallucis, M. adductor hallucis caput obliquum.

Intensity scales (1-5) are located on the left side of the body, and duration scales (years, months, days) are on the right side. A small flame icon is at the bottom right.